

SHAKE & MAKE ICE CREAM

Ingredients:

2 Tbsp. Sugar
1 cup milk or half and half
1/2 tsp. Vanilla
6 Tbsp. Rock salt
1 pint sized plastic zip bag
1 gallon sized plastic zip bag
Ice



Instructions:

Fill the gallon sized plastic zip bag half full with ice.

Add rock salt and seal.

Pour sugar, milk/half and half, vanilla into the pint sized plastic bag and seal.

Placed the pint sized zip bag into the gallon sized zip bag and seal.

Shake the bag for 5-7minutes.

Open the small zip bag and enjoy!

Make peppermint ice cream by adding 1/2tsp. peppermint extract or 3Tbsp. of crushed peppermint stick.

Try topping your ice cream with sprinkles, nuts or fresh fruit.